# Northeast Conference

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**For Immediate Release**
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## 2009 NEC Indoor Championships: Saint Francis (PA) Men Sink Monmouth Down Stretch for Fifth Team Title This Decade

**Landover, MD —** Saint Francis (PA) came from behind in the meet's final three events to overtake Monmouth for the 2009 Northeast Conference Men's Indoor Track & Field team title. The Red Flash posted 121 points to reclaim the crown they held four times earlier this decade, most recently in 2004. The Hawks score of 116 points placed them second in the team standings for the second consecutive year. Long Island claimed third with 84.50 points followed by Central Connecticut State (58) in fourth and 2008 champion Sacred Heart (55.50) in fifth.

The Saint Francis Red Flash's resurgence to the top of the team standings could not have been possible without the award-winning individual performances of junior distance runner **Chris Behre (Flanders, NJ/Mt. Olive)** and senior jumper **Denis Eradiri (Sofia, Bulgaria/Vladislav Gramatik 73)**. Behre claimed both the NEC Most Valuable Performer award and the NEC Most Outstanding Track Performer accolade thanks to his double victory in the 800-meter and mile runs. Eradiri conquered the NEC Most Outstanding Field Performer award on the heels of his performance in the horizontal jumps. The two athletes were joined at the awards stand by Red Flash head coach **Felix Moreno** who collected NEC Coach of the Year honors.

Quinnipiac, the three-time defending NEC cross country champions, produced the NEC Most Outstanding Rookie Performer. After claiming gold in the 3000-meter run (8:37.44) on Saturday, Bobcats' freshman **Daniel Roark (Dracut, MA/Dracut)** placed second in the 5K (15:07.08) to account for 20 of his team's 40 total points.

The CCSU Blue Devils experienced the conference's top turnaround this season under head coach George Kawecki. After finishing tenth in the 2008 team standings with 17 points, Central Connecticut State increased its score by 31 in one year's time.

The Red Flash trailed Monmouth, the day one leader, for much of the meet and found themselves behind by eight points heading into the triple jump, the 15th of 17th events factored into the standings. The top-seeded Eradiri hit a distance of 15.22m (49-11.25) to easily best the field. His performance gave the Red Flash a nine-point net gain and a one-point lead they would never relinquish.

Saint Francis built on its lead by winning the distance-medley relay to all but seal the victory. The DMR performance of senior **Jorden Davis (Mississauga, Canada/Loyola Catholic)** cannot be overlooked as it was only a piece of a gutsy individual effort from the veteran sprinter. After notching a victory in the 400-meter dash by trimming more than a half-second off his second-place time from last year, Davis placed second in the 200-meter. Then, with the team crown hanging in the balance, he stepped up to compete in both the DMR and the 4x400 relay.

Behre, who finished seventh last year, became second straight Flash to win the men's mile and did so in exciting fashion. Behre emerged from the pack on the final turn and eclipsed Sacred Heart senior **Luis German (Southampton, NY/Southampton)**, who led much of the way, on the final straight-away. He became a double winner when he out kicked the 800-meter field, clocking in at 1:59.95.




Central Connecticut State University • Fairleigh Dickinson University • Long Island University
Monmouth University • Mount St. Mary's University • Quinnipiac University
Robert Morris Unviersity • Sacred Heart University • St. Francis (NY) College
Saint Francis (PA) University • Wagner College • Bryant University (2012-13)

Senior thrower **Karl DeWayngaert (Red Bank, NJ/Red Bank Regional)** began the Red Flash's big day by reclaiming the weight title he won in 2007. The Saint Francis senior hit a mark of 18.48m (60-7.75) to edge out Monmouth veteran **Larry Lundy (Friendsville, PA/Montrose Area**) in a field that saw its top-six finisher eclipse the IC4A-qualifying standard.

Fairleigh Dickinson scored its first victory of the meet when top-seeded senior **Thomas Mackey (Bridgeton, NJ/Bridgeton)** won the 60-meter hurdles by clocking in under the IC4A standard at 8.12, his best performance of the season.

St. Francis (NY) captured **Dean Brown (New York, NY/August Martin)** lived up to his No. 1 seed status by clearing 2.10m (6-10.75) in the high jump. The junior Terrier entered having already met the NCAA provisional qualifying standard (2.14m). A pair of Central Connecticut State freshmen were the next two finishers after Brown in sparking the Blue Devils' turnaround.

The top-five finishers, two of whom were LIU Blackbirds, in the 60-meter dash clocked in under the IC4A-qualifying standard. Long Island senior **Andre Marcano (Port of Spain, Trinidad/Queen's Royal College)** crossed the line first in 6.89 with his teammate **Shavar Clarke (Kingston, Jamaica/Calabar)** taking bronze.

Sophomore **Samuel Egadu (Eastern Uganda/Maniasi)** and senior **Sheldon Goffe (Brooklyn, NY/Erasmus Hall)** added to Long Island's score by claiming the top two spot in the 500-meter race with the former (1:05.27) claiming gold.

**2009 NEC Indoor Men's Individual Champions**

| | | | | |
|---|---|---|---|---|
| **60m:** | Andre Marcano | Long Island | Sr. | 6.89s |
| **200m:** | John Reyon | Fairleigh Dickinson | Sr. | 22.10s |
| **400m:** | Jorden Davis | Saint Francis (PA) | Sr. | 48.58s |
| **500m:** | Samuel Egadu | Long Island | So. | 1:05.27 |
| **800m:** | Chris Behre | Saint Francis (PA) | Jr. | 1:59.95 |
| **Mile:** | Chris Behre | Saint Francis (PA) | Jr. | 4:25.79 |
| **3000m:** | Daniel Roark | Quinnipiac | Fr. | 8:37.44 |
| **5000m:** | Ry Sanderson | Central Conn. St. | Jr. | 14:51.69 |
| **60m Hurdles:** | Thomas Mackey | Fairleigh Dickinson | Sr. | 8.12s |
| **Long Jump:** | Corryl Boyd | Long Island | So. | 7.29m (23' 11") |
| **Triple Jump:** | Denis Eradiri | Saint Francis (PA) | Sr. | 15.22m (49' 11.25") |
| **High Jump:** | Dean Brown | St. Francis (NY) | Jr. | 2.10m (6' 10.75") |
| **Pole Vault:** | Jarad George | Robert Morris | Fr. | 4.65m (15' 3") |
| **Shot Put:** | Tom Ciccoli | Monmouth | So. | 17.06m (55' 11.75") |
| **Weight Throw:** | Karl DeWayngaert | Saint Francis (PA) | Sr. | 18.48m (60' 7.75") |
| **Distance Medley:** | Saint Francis (PA)<br>(Behre, Davis, Foster, Tice) | | | 10:32.90 |
| **4x400 Relay:** | Long Island<br>(Boyd, Goffe, Tyler, Egadu) | | | 3:17.80 |

**Men's Team Standings (17 Events Scored)**

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|---|---|---|
| 1. | Saint Francis (Pa.) | 121 |
| 2. | Monmouth | 116 |
| 3. | Long Island | 84.50 |
| 4. | Central Connecticut | 58 |
| 5. | Sacred Heart | 55.50 |
| 6T | Bryant | 40 |
| | Quinnipiac | 40 |
| 8. | Mount St. Mary's | 39 |
| 9. | Fairleigh Dickinson | 38 |
| 10. | Robert Morris | 33 |
| 11T | St. Francis (N.Y.) | 19 |
| | Wagner | 19 |